

the law of assumption neville goddard

The law of assumption Neville Goddard is a profound concept that has influenced countless individuals seeking to improve their lives through the power of their thoughts and beliefs. Developed by the renowned mystic and teacher Neville Goddard, this law asserts that our assumptions about ourselves and the world around us shape our reality. According to Goddard, by consciously adopting assumptions that align with our desires, we can manifest our dreams and transform our lives. This article delves into the principles of the law of assumption, its practical applications, and the transformative effects it can have on our lives.

Understanding the Law of Assumption

The law of assumption is rooted in the idea that what we assume to be true becomes our reality. Goddard posits that our beliefs and assumptions create a framework through which we interpret our experiences. The law operates on the premise that consciousness is the ultimate reality and that our thoughts have the power to shape our external circumstances.

Key Principles of the Law of Assumption

1. **Conscious Creation:** The law emphasizes that we are the creators of our reality. By consciously choosing our assumptions, we can influence the outcomes in our lives.
2. **Mental Imagery:** Visualization plays a crucial role in the law of assumption. Goddard advocates for vivid mental imagery as a tool to reinforce our desired assumptions.
3. **Feeling is the Secret:** According to Goddard, the emotional state we embody when we assume something to be true is critical. It is not merely about thinking positive thoughts but truly feeling as if our assumptions have already manifested.
4. **Persistence:** The law requires persistence in maintaining our assumptions. Goddard emphasizes that regardless of current circumstances, holding onto our assumptions is key to manifesting our desires.
5. **Faith:** Belief in the validity of our assumptions is vital. Goddard teaches that faith acts as a bridge between our current reality and our desired outcomes.

Practical Applications of the Law of Assumption

Applying the law of assumption in daily life can lead to profound changes. Here are some practical steps to harness its power:

1. Define Your Desire

Before you can begin to apply the law of assumption, you must clearly define what you want. This could be related to love, career, health, or any other aspect of life.

- Write down your desires in specific terms.
- Ensure they are positive and framed in the present tense. For example, "I am happily employed in my dream job."

2. Assume the Feeling of Your Wish Fulfilled

To manifest your desires, you need to cultivate the emotional state associated with having them.

- Spend time visualizing your desired outcome.
- Engage all your senses in this visualization. Imagine what you would see, hear, feel, and even smell.
- Feel the emotions of joy, gratitude, or excitement as if your desire has already come true.

3. Create a Mental Scene

Goddard suggests crafting a scene that implies your desire is fulfilled. This mental scene should be brief and focused.

- Choose a moment from your life that would naturally occur after achieving your desire.
- Practice this scene regularly, especially before sleep, as the subconscious mind is more receptive during this time.

4. Persist in Your Assumption

Persistence is critical in the law of assumption.

- No matter the current reality, reinforce your assumptions daily.
- Use affirmations to support your beliefs. For instance, repeat "I am worthy of love" if that is your desire.

5. Live from the End

Goddard emphasizes the importance of living as if your desire has already manifested.

- Make decisions based on the assumption that your wish is fulfilled.
- Surround yourself with reminders of your desire, such as vision boards or inspirational quotes.

Challenges and Misconceptions

While the law of assumption can be transformative, it is not without challenges and misconceptions that may hinder its effectiveness.

Common Misconceptions

1. **It's Just Wishful Thinking:** Some may view the law as mere daydreaming, but it requires active engagement and emotional involvement.
2. **Immediate Results:** Many expect instant manifestations, but the law requires patience and consistent practice.
3. **Ignoring Reality:** The law does not suggest ignoring current circumstances but rather shifting focus from them to desired outcomes.

Overcoming Challenges

- **Self-Doubt:** Combat self-doubt by reaffirming your belief in your assumptions and seeking evidence of past successes.
- **Negative Influences:** Limit exposure to negative influences that contradict your assumptions. Surround yourself with supportive individuals.
- **Inconsistency:** Create a routine that incorporates practices such as visualization and affirmations to enhance consistency.

The Transformative Power of the Law of Assumption

Many individuals have reported significant changes in their lives through the application of the law of assumption.

Success Stories

- **Career Changes:** Numerous people have successfully transitioned to fulfilling careers by assuming they were already in their desired positions.
- **Relationships:** Individuals have improved their personal relationships by embodying the feelings and beliefs of being loved and appreciated.
- **Health Transformations:** Many have experienced improvements in their health by adopting the assumption of being healthy and vibrant.

Long-Term Benefits

- Increased Self-Esteem: As individuals see their assumptions manifest, their confidence and self-worth often grow.
- Empowerment: Understanding that they have the power to shape their reality empowers individuals to take control of their lives.
- Positive Mindset: The practice fosters a positive outlook, encouraging individuals to focus on possibilities rather than limitations.

Conclusion

In conclusion, the law of assumption Neville Goddard offers a powerful framework for personal transformation. By understanding the principles behind this law and applying them practically, individuals can shift their realities and manifest their deepest desires. The journey involves defining desires, assuming the feelings of wishes fulfilled, creating mental scenes, persisting in assumptions, and living from the end. While challenges may arise, the transformative potential of this law can lead to profound changes in various aspects of life. With dedication and faith, anyone can harness the law of assumption to create the life they envision.

Frequently Asked Questions

What is the Law of Assumption according to Neville Goddard?

The Law of Assumption is a principle that states that whatever you assume to be true will manifest in your life. By assuming the feeling of the wish fulfilled, you can bring your desires into reality.

How can I effectively apply the Law of Assumption in my daily life?

To apply the Law of Assumption, visualize your desires as if they have already been fulfilled. Feel the emotions associated with that reality, and maintain that state of mind consistently to attract your desires.

What role does imagination play in the Law of Assumption?

Imagination is a crucial tool in the Law of Assumption. It allows you to create mental images of your desired outcomes, which helps you to assume the feeling of already having what you want.

Can the Law of Assumption be used for financial abundance?

Yes, the Law of Assumption can be used for financial abundance. By assuming the feeling of being financially secure and visualizing yourself in that state, you can attract opportunities and resources that align with that assumption.

What are common misconceptions about the Law of Assumption?

A common misconception is that the Law of Assumption is merely wishful thinking. In reality, it requires a deep emotional commitment to the assumption and consistent practice to effectively manifest desires.

How does the Law of Assumption relate to self-concept?

The Law of Assumption emphasizes the importance of self-concept. By assuming a positive self-image and believing in your worthiness, you can create an internal reality that attracts external circumstances that reflect that belief.

Are there any techniques or exercises recommended by Neville Goddard for the Law of Assumption?

Yes, Neville Goddard recommended techniques such as visualization, scripting, and revision exercises. These practices help you to reinforce your assumptions and align your subconscious mind with your desires.

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