

the power of a praying parent by stormie omartian

the power of a praying parent by stormie omartian is a transformative guide that highlights the profound impact of prayer in the life of a parent and their children. This influential book emphasizes the importance of spiritual intercession as a fundamental tool for nurturing and protecting children. Through practical advice and heartfelt encouragement, Stormie Omartian reveals how consistent, focused prayer can bring about positive changes in a child's behavior, character, and future. The power of a praying parent by Stormie Omartian also explores the biblical foundations of prayer, offering parents an accessible and powerful approach to parenting challenges. This article will provide an in-depth exploration of the book's core themes, its practical applications, and the lasting benefits of embracing prayer as a parenting strategy.

- Understanding the Concept of a Praying Parent
- Key Themes in The Power of a Praying Parent
- Practical Prayer Strategies for Parents
- Spiritual Benefits of Parental Prayer
- Real-Life Impact and Testimonials

Understanding the Concept of a Praying Parent

The power of a praying parent by Stormie Omartian introduces the idea that parents hold a unique spiritual responsibility and authority to intercede for their children. This concept centers around the belief that prayer is not just a passive act but a dynamic force that influences a child's life spiritually, emotionally, and physically. A praying parent actively communicates with God on behalf of their child, seeking protection, guidance, and blessings. This approach shifts parenting from solely relying on personal abilities to involving divine intervention in the upbringing process.

The Role of Prayer in Parenting

Prayer serves as a foundational element in parenting by providing spiritual support and wisdom. It acts as a bridge between the parent and God, allowing parents to express their concerns, hopes, and desires for their children. The power of a praying parent by Stormie Omartian stresses that through prayer,

parents gain strength, patience, and discernment needed to face parenting challenges effectively. Prayer also fosters a peaceful and nurturing environment conducive to a child's growth.

Spiritual Authority and Responsibility

Omartian explains that parents possess spiritual authority over their children, which can be exercised through prayer. This authority is not about control but about stewardship and protection. The power of a praying parent by Stormie Omartian encourages parents to recognize their role as spiritual warriors who can stand in the gap for their children against negative influences. This responsibility calls for intentional, consistent prayer to combat the challenges children may face in today's world.

Key Themes in The Power of a Praying Parent

The book is structured around several core themes that address various aspects of parenting through prayer. These themes provide a comprehensive framework for understanding how prayer influences different areas of a child's life and development. The power of a praying parent by Stormie Omartian systematically explores these themes, offering scriptural insights and practical advice.

Protection

One of the central themes is the protection of children from physical, emotional, and spiritual harm. Omartian underscores the importance of praying for a shield around the child that guards against dangers and negative influences. This protective prayer is a vital element in ensuring the child's safety in a world filled with challenges.

Character Development

The power of a praying parent by Stormie Omartian highlights the role of prayer in shaping a child's character. Parents are encouraged to pray for qualities such as honesty, kindness, patience, and integrity. These prayers aim to cultivate moral strength and resilience, helping children to make responsible and ethical choices as they grow.

Future Success

Omartian emphasizes praying for a child's future, including their education, career, and relationships. The book provides specific prayers that focus on guidance, wisdom, and opportunities, enabling parents to entrust their

child's path to divine providence. This theme inspires hope and confidence in the positive impact of prayer on a child's destiny.

Practical Prayer Strategies for Parents

The power of a praying parent by Stormie Omartian offers actionable strategies that parents can incorporate into their daily lives. These methods are designed to make prayer a consistent and effective part of parenting.

Daily Prayer Routine

Establishing a daily prayer routine is crucial. Omartian suggests setting aside specific times each day dedicated to praying for children. This commitment helps maintain focus and ensures that prayer remains an integral part of the parenting process.

Targeted Prayer Points

The book provides detailed prayer points addressing various needs of children. These include prayers for protection, wisdom, health, relationships, and spiritual growth. Using targeted prayer points allows parents to pray with precision and confidence.

Incorporating Scripture

Incorporating scripture into prayer is another effective strategy outlined by Omartian. Using biblical promises and truths reinforces the power of prayer and aligns parents' petitions with God's will. The power of a praying parent by Stormie Omartian includes numerous scriptural references to support this practice.

Prayer Journals

Maintaining a prayer journal is recommended to track prayer requests and answers. This tool helps parents stay encouraged by witnessing the impact of their prayers over time and deepening their spiritual connection.

1. Set a specific time daily for prayer.
2. Use focused prayer points for different areas of the child's life.
3. Incorporate scripture to strengthen prayers.

4. Keep a prayer journal to document progress.
5. Pray consistently and with faith.

Spiritual Benefits of Parental Prayer

Engaging in prayer as a parent yields significant spiritual benefits for both the parent and the child. The power of a praying parent by Stormie Omartian explores these advantages in depth.

Strengthened Faith and Trust

Through prayer, parents develop a deeper faith and trust in God's plan. This spiritual growth enables them to navigate parenting challenges with confidence and peace. Prayer transforms anxiety into assurance, reinforcing the parent's reliance on divine guidance.

Emotional Stability

Regular prayer provides emotional support and resilience. The practice helps parents manage stress and cultivate patience, which positively affects their interactions with their children. A stable emotional environment contributes to healthier family dynamics.

Positive Spiritual Atmosphere

The power of a praying parent by Stormie Omartian emphasizes that prayer creates a spiritual atmosphere that influences the entire household. This environment nurtures the child's own spiritual development and encourages a lifestyle centered on faith and values.

Real-Life Impact and Testimonials

Many parents have shared testimonies reflecting the transformative effects of applying the principles found in *The Power of a Praying Parent* by Stormie Omartian. These real-life stories validate the effectiveness of prayer as a parenting tool.

Behavioral Changes in Children

Parents report noticeable improvements in their children's behavior,

including increased obedience, kindness, and respect. These changes are often attributed to the consistent prayers and spiritual focus advocated by Stormie Omartian.

Strengthened Parent-Child Relationships

Prayer fosters open communication and deeper emotional bonds between parents and children. The power of a praying parent by Stormie Omartian helps parents develop empathy and understanding, which enhances relational closeness.

Overcoming Challenges

Testimonies frequently highlight how prayer has helped families overcome difficult circumstances such as health issues, academic struggles, and peer pressures. The faith and perseverance instilled through prayer provide hope and solutions in trying times.

Frequently Asked Questions

What is the main theme of 'The Power of a Praying Parent' by Stormie Omartian?

The main theme is the importance and impact of prayer in parenting, emphasizing how parents can spiritually support and protect their children through prayer.

How does Stormie Omartian structure the prayers in 'The Power of a Praying Parent'?

The book is structured with specific prayers focused on different aspects of a child's life, such as their character, health, relationships, and faith, guiding parents on how to pray intentionally for their children.

Why is 'The Power of a Praying Parent' considered influential among Christian parents?

It is influential because it provides practical prayers and encouragement, helping parents feel empowered and connected to God in their role, fostering a deeper spiritual relationship with their children.

Can 'The Power of a Praying Parent' be used for

children of all ages?

Yes, the prayers and teachings in the book are designed to be applicable for children at various stages of life, from infancy through adulthood.

What inspired Stormie Omartian to write 'The Power of a Praying Parent'?

Stormie Omartian was inspired by her own experiences as a mother and her desire to help other parents understand the spiritual power of prayer in raising their children.

Are there specific prayer topics covered in the book?

Yes, the book covers a wide range of prayer topics including protection from harm, guidance, character development, emotional well-being, and spiritual growth.

How has 'The Power of a Praying Parent' impacted readers?

Many readers report feeling more hopeful and empowered in their parenting, experiencing greater peace and seeing positive changes in their children's lives through dedicated prayer.

Is 'The Power of a Praying Parent' suitable for group study or personal use?

The book is suitable for both personal devotional use and group study, as its prayer guides and reflections can facilitate meaningful discussions and individual spiritual growth.

Additional Resources

1. *The Power of a Praying Wife* by Stormie Omartian

This book focuses on the spiritual role of a wife in supporting and uplifting her husband through prayer. Stormie Omartian provides practical guidance and heartfelt prayers to help wives intercede for their husbands' challenges, growth, and well-being. It emphasizes the transformative power of prayer in strengthening marriages.

2. *The Power of a Praying Woman* by Stormie Omartian

Designed for women seeking a deeper connection with God, this book offers prayers and insights to empower women in their daily lives. Stormie encourages readers to rely on prayer as a source of strength, guidance, and peace. The book covers various aspects of life, including family, health, and

personal growth.

3. *The Power of a Praying Husband* by Stormie Omartian

This companion book to "The Power of a Praying Wife" focuses on the husband's role in prayer. It provides husbands with specific prayers to support their wives spiritually and emotionally. The book underscores the importance of prayer in fostering a loving and resilient marriage.

4. *The Power of a Praying Parent Devotional* by Stormie Omartian

A devotional companion to the original "Power of a Praying Parent," this book offers daily reflections and prayers to help parents pray effectively for their children. It encourages consistent prayer habits and trust in God's plan for each child's life. The devotional format makes it easy to incorporate into daily routines.

5. *Praying for Your Adult Children* by Stormie Omartian

This book addresses the unique challenges parents face as their children grow into adulthood. It offers prayers and encouragement for parents to continue interceding for their adult children's spiritual, emotional, and physical well-being. Stormie emphasizes the ongoing power of prayer regardless of children's ages.

6. *The Power of a Praying Grandparent* by Stormie Omartian

Focusing on the special role grandparents play, this book provides prayers and guidance for interceding on behalf of grandchildren. It highlights the influence grandparents can have through prayer in nurturing faith across generations. The book is filled with heartfelt prayers tailored to grandparenting challenges and blessings.

7. *Praying Circles Around Your Children* by Cheri Fuller

This book complements Stormie Omartian's teachings by offering practical prayer strategies for parents. Cheri Fuller encourages parents to form "praying circles" to cover their children in prayer continuously. It includes specific prayer points and testimonies of answered prayers.

8. *Battlefield of the Mind: Winning the Battle in Your Mind* by Joyce Meyer

While not exclusively about praying parents, this book addresses the spiritual battles that affect families. Joyce Meyer offers tools to overcome negative thoughts and strengthen faith through prayer and positive thinking. It supports parents in maintaining a strong spiritual foundation for their households.

9. *Powerful Prayers for Families* by Stormie Omartian

This collection of prayers focuses on various family dynamics and challenges, providing parents with words to pray over their entire family. Stormie Omartian's heartfelt prayers cover protection, unity, love, and guidance. It's a valuable resource for parents seeking to cultivate a prayerful home environment.

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